WHEN AGGRESSION HITS THE TRACK

A practical guide for motorsport teams

Threats, intimidation, aggressive confrontations and bullying can affect safety, confidence and wellbeing. You do not have to accept them as part of racing.

NOTICE THE WARNING LIGHTS

- Shouting, threats, swearing directed at people or hostile gestures
- Blocking someone's path, crowding or unwanted physical contact
- Repeated targeting, humiliation or intimidating messages
- Team members becoming fearful, withdrawn or unable to focus

TAKE A PIT STOP - FIVE THINGS TO DO

1. Put safety first. Move away from the confrontation; do not retaliate or engage.
2. If anyone is in immediate danger, call 000. Alert venue security or officials.
3. Get to a safer place with a teammate. Check on young people and spectators nearby.
4. Record facts promptly: time, place, people, witnesses and exact words/actions.
5. Tell your team lead. Report through the venue/event process and seek support.

IF THE SITUATION ESCALATES

IMMEDIATE SAFETY

Call 000 for assault, credible threats or immediate danger. Seek venue security and medical assistance as needed.

AFTER THE INCIDENT

Avoid arguments or social media retaliation. Preserve evidence and ask about next steps in writing.

IF SOMEONE IS STRUGGLING OR FEELS UNSAFE

Ask how they are coping. Lifeline: 13 11 14 (24/7). For urgent danger call 000. A GP can also help with ongoing stress.

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BACK YOUR TEAM

IF YOU ARE WORRIED ABOUT A TEAMMATE

You do not need to investigate the incident or find the perfect words. Focus on safety, calm support and a practical next step.

1 ASK

"What happened? Are you safe right now? How are you travelling after that?"

2 LISTEN

Believe their distress. Avoid blaming, minimising or pushing them to confront the person.

3 CONNECT

Offer to stay with them, speak to an official together, and check in after the event.

REPORT THE BEHAVIOUR, NOT THE RUMOUR

- **Write down what happened**
  Use factual, separate witness accounts: dates, times, location, actions, exact words and impact.
- **Keep evidence secure**
  Save messages, public posts and relevant footage; do not circulate personal details unnecessarily.
- **Use the right channels**
  Notify venue management, event officials or security. Ask the organiser which category/permit body handles conduct complaints.
- **Escalate unresolved risks**
  Follow up in writing. Consider police for assault or threats; request safety measures for future events.

MAKE THE NEXT MOVES MANAGEABLE

Today: prioritise safety, a factual record and one trusted contact. Before the next event: agree on a team contact person, where to go, who will report concerns and how to keep juniors and spectators safe.

SUPPORT LINES

LIFELINE 13 11 14

BEYONDBLUE 1300 22 4636

EMERGENCY 000

YOUR GP | Mental health support

About this resource: RaceMind Australia encourages safer, respectful motorsport communities. This guide is not legal advice, an official disciplinary process or a substitute for professional/emergency support.